

अर्चनम्

- Notes from पञ्चरात्र प्रदीप
- Notes from Deity worship manual



Gopal Chaitanya Das

If found please contact,

9824459639

9920549431



पर्यावरणिक विधि, भागवत विधि

समर्पण संततम् विष्णु

पर्यावरणिक प्रदीप - GBC press

पंचांग पूजा

① आश्विन - brushing, cleaning temple.

② उपदान - gathering articles for worship.

③ योग - ॐ तद विष्णो (establishing & becoming fixed
गणेश उपनिषद् identity)
भूत बुद्धि - नाम विष्णो न च तत्पति
ध्यान, मानस पूजा

④ इत्या - 64 items of worship or उपचार

आसन, पद, स्नान,

waking up deities, → putting them to rest,
morning. night.

⑤ २४ आय - (cultivation of devotional service)

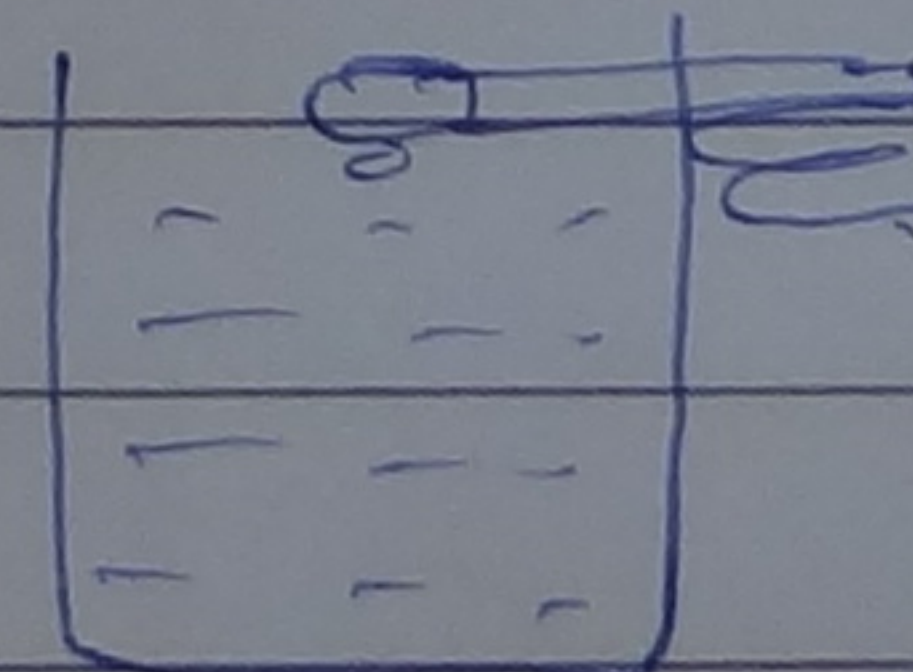
सोधना

विशेष आचमन - २५ आचमन

पुणाम मुद्रा (palms together in front of heart)

Calling holy rivers ① ॐ अस्त्राय फट

② गो य यमुने ये



right middle finger

(no finger nail)

अंकुश मुद्रा



	Feet	waist	head	body
1. धूप:	4	2		7
2. वीप:	4	2	3	7
3. इवम् आर्यम्				7
4. इवम् वस्त्रम्	4	2	3	7
5. एतानि पुष्पानि	4			
6. एषा छात्र सेवा	accd to available time			
7. एषा व्यजन सेवा				

श्रीशरा उपचार

1. आसन	seat
2. स्वागत	
3. पद्य	foot wash
4. अर्घ्य	
5. आचमन	water for sipping
6. मधुपर्क	
7. पुनर्आचमन	
8. स्नान	bath
9. वस्त्र	clothes
10. अलंकार	
11. गंध	
12. पुष्प	
13. धूप	
14. वीप	
15. लेवेद्य	16. प्रणाम



श्रीशरा

कर वक्षि, हृदय शुद्धि - ऊँ अस्माय कट्

पंचामृत: क्षीर, दधि, घृत, मधु, नीत

Offering Bhog

इवम् लेवेद्यम्, इवम् पाणीयम्

• आचमन: Initial 12 → later 12

1. ॐ वामदेवाय नमः - दाये हाथ की उंगली अपर तथ्यनियता
2. संकर्षणाय - अंगुठा व तर्जनी दायाँ नाक
3. प्रद्युम्नाय - दायाँ नाक
4. अनिरुद्धाय - अंगुठा व अनामिका दायाँ त्रे
5. पुनर्वसुनाय - दायाँ त्रे
6. अद्योक्षनाय - अंगुठा व तर्जनी दायाँ काव
7. नृसिंहाय - दायाँ काव
8. अच्युताय - अंगुठा व कनिष्ठिका नाभि
9. जनार्दनाय - दायाँ हथेली हृदय स्पर्श
10. उपेन्द्राय - दाये हाथ की उंगली मस्तक अस्पर्श
11. हरये - बाएँ — दाये हाथ वाङ्
12. कृष्णाय - दाये — बाएँ —

ॐ तद् विष्णो



• મોગાપર્ણ •

• Clean area → eating place → તુલસીપત્ર
• ૐ અસ્ટાય કાટ ફ્રી each plate

શ્રી ૐ ૧૫ પુષ્પાંજલિ → રવમ્ આસનમ્ → ૧૮૦ પાદમ્
→ રવમ્ આચમનીયમ્ ૧૫ પુષ્પાંજલિ →
(ક્રીમતી રાદારાણી) → ૧૫ પુષ્પાંજલિ (શ્રી માદવ)

રવમ્ આસનમ્ } રાદારાણી રવમ્ આસનમ્ } માદવ
૧૮૦ પાદમ્ } ૧૮૦ પાદમ્ }
રવમ્ આચમનીયમ્ } રવમ્ આચમનીયમ્ }

રવં નેવેદ્યમ્ } શ્રી શ્રી રાદા માદવ
રવં પાનિયમ્ }

શ્રી ગુરુપ્રણામ → શ્રીલ પ્રમુપાદ → મહાપ્રમુ શ્રી કૃષ્ણ
→ હરે કૃષ્ણ ૩-૩ બાર

રવં હસ્ત મુચ પ્રક્ષાલનમ્ }
૧૮૦ પાદમ્ } શ્રીકૃષ્ણ → શ્રીમતી
રવમ્ આચમનીયમ્ } રાદારાણી
રવં મુચવાસમ્ }
રવં સર્વમ્ }

રવં આસનમ્

- ① રવં મહાપ્રસાદમ્ ૐ સાંગોપાંગાસપાધિવેશ્યો નમઃ
- ② ૐ વસ્કાંત સંસ્થાપકાચાર્ય નમઃ
- ③ ગુરુ



આરતી

૧૫ પુષ્પાંજલિ ગુરુ → શ્રી માદવ ; ધ્યાન → માનસ પૂજા
શંખ ત્રીન બાર (Opulent)

- ① ૧૫ ધૂપ
- ② ૧૫ વીપ :
- ③ રવં અર્ધમ્
- ④ રવં વસ્ત્રમ્
- ⑤ ૧૫ પાનિ પુષ્પાણિ / ૧૮૦ પુષ્પ
- ⑥ ૧૫ ચામર સેવા ? સમયાનુસાર
- ⑦ ૧૫ વ્યજન સેવા

	ધૂપ	વી વીપક	અર્ધમ્	વસ્ત્ર	કૂલ
શ્રી માદવ	૭	4-2-3-7	૭	૭	૭
શ્રી રાદા	૭	4-2-3-7	૭	૭	૭
નૃસિંહદેવ	૭	4-2-3-7	૭	૭	૭
પંચતત્વ	૭	4-2-3-7	૭	૭	૭
ધડ્ ગોસ્વામી	૩	૩	૩	૩	૩
ગુરુ પરમ્પરા	૩	૩	૩	૩	૩
શ્રીલ પ્રમુપાદ	૩	૩	૩	૩	૩
ગુરુ મહારાજ	૩	૩	૩	૩	૩
વૈષ્ણવ	૧	૧	૧	૧	૧

શંખ ત્રીન બાર



જાગરણ સેવા

ગુરુ - ઉત્તિજોતિજ શ્રીગુરો ત્યજ નિદાં કૃપામય

શ્રીમાદાવ - ઉત્તિજોતિજ ગોવિન્દ ઉત્તિજ પરમેશ્વર
ઉત્તિજ કમલાકાન્ત ત્રૈલોક્ય માંગલ્યકુરુ

ગોગોપ ગોકુલાન્ત યશોદા નન્દ વર્ધન

સુઉત્તિજ રાદામયાસાદા પ્રાવરાસિન્નગત્યતે

શયન સેવા

આગચ્છ રાયન કયાનં ક્વગણૈ સદે

① હે કૃષ્ણ

② ત્વં કાઞ્ચનં

ભાદ્યુ નાસાદ્યુ વા કર્મ યદ્યચચરિતં યયો

તત્ સર્વં મગવાન વિષ્ણોઃ પુત્રાણામિદમં પરં

અપરાધ મદેક્ષાણિ ...

આગચ્છ રાયન કયાનં ક્વગણૈ : સદે શ્રી ગુરો



આરતિ steps

પ્રણામ → આચમન → prepare plate ^{પુષ્પાંતલી} ^{આરતિ}

ઉત્તિજ → આરતિ → ઉત્તિજ ^{પ્રણામ} ^{માનસ પૂજા} clean plate

અપરાધ શોધન મંત્ર

ભોગે : clean area → bring plate → તુલસી પત્ર

→ ૐ અશ્રાય કદે અપરાધ શોધન મંત્ર

• How to continue enthusiastically serving deities

• શ્રવણ & કીર્તન

• Only શ્રવણ & કીર્તન કર highy elevated souls

કેમ હવે વૃણશ્રિમ → પંચરાત્રિક → ભાગવત

↓
engaging devotees

talent & skills

in Krishna's

service

↓
Deity

worship

↓
શ્રવણ & કીર્તન

અર્ચન વિધી punishes material body,

especially imp for ગૃહેશ્વર ~~સદે~~

• માનસ પૂજા - opulent worship in mind

• DW - cleanliness & punctuality



षड् शुद्धि

① स्थान - cow dung, mopping

② द्रव्य - शोधन, शोधन

③ अस्त्र - bathing, fresh clothes

Spiritual - आचमन, व्यास

④ चित्त - ध्यान → मानस पूजा

⑤ मन्त्र - पंचरात्रिक मंत्र (proper pronunciation)

⑥ मूर्ति - cleaning deity

• Temple: bring fruit & flowers

• आरति - honouring & worshipping special guest, Lord

• अर्घ्य - rose water, ganga or natural water

64 उपचार during installation

• Utter "Jaya - ..." while ringing the bell

पंचरात्र प्रदीप



pg. 7 ↑ quality & opulence of deity worship
no irregularity

pg. 8 पंचरात्रिक system of deity worship
- applicable to all वैष्णव regardless of background

हरे भक्ति विकास based on पंचरात्र

Vol. 1 नित्य सेवा

Vol. 2 वैभक्तिक सेवा - कर्म, प्राणप्रतिष्ठा

• पूर्वज्ञा कर्म → उपचार with मन्त्र
(मृत शुद्धि, व्यास)

• Goal - offering respect, service to the Lord, कृष्ण प्रेम

pg. 4 अर्चन helps to reduce material contamination & non devotional tendencies ∵ it engages many of our senses in directly serving the Lord's all attractive form.

• पंचरात्रिक विधि || to भागवत विधि
अर्चन || कीर्तन

लक्ष्मी नारायण || वाद्या कृष्ण

विधि मार्ग || राग मार्ग

pg. 6

without proper श्रवण & कीर्तन

श्री विग्रह → गल गटह (burden around neck)



- Qualification for archana - Strong faith in विष्णु
पंचमस्कार ताप, छत्र, ताल, मंत्र, शोभा
- भूमे is worshipping the deities but by his grace
I am allowed to assist
- Temple worship ~ Home worship
no. of articles offered, quality of articles,
no. of services, allotment of time varies.
- Once stds of cleanliness, regularity, opulence
and elaborateness of worship is set
then it should never be changed
or decreased whimsically
- पंचांग पूजा
 - ① अभिगमन - bathing, dressing, तिलक,
Approaching the temple
cleaning temple, decorating temple
 - ② उपादान (gathering articles for worship)
flowers, foodstuffs, tulasi leaves,
भोग prep, collecting funds for worship
 - ③ योग (establishing & becoming fixed
in one's spiritual identity)
cleaning ~~the~~ the body of the material
conception and assuming a spiritual body
fit for service to the Lord



chant मंत्र, भूत शुद्धि (वास दासानुवास)

ध्यान → मानस पूजा

also called as पूर्वज्ञ कर्म

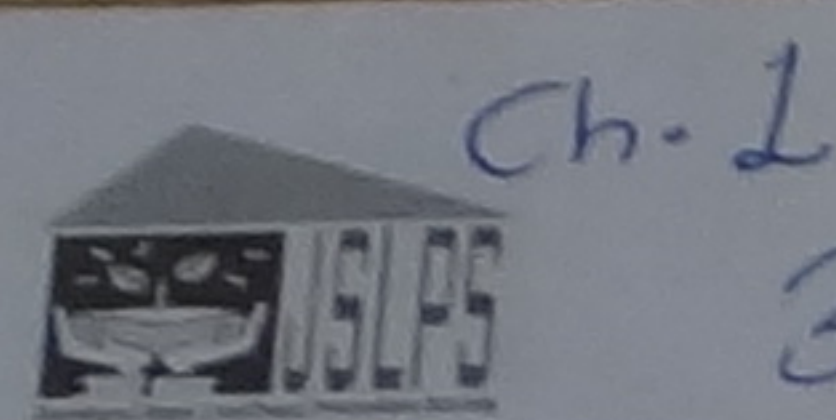
④ द्रव्या 64 items for worship

⑤ स्वाध्याय -

studying शास्त्र, spiritual cultivation program
(साधना)
श्रवण & कीर्ति

Studying शास्त्र becomes complete when one
follows the instructions of शास्त्र & performs
these activities.

द्रव्या + Remaining 4
(worship)



Ch. 1

one's body & temple
आभिरामन (Preparing for worship)

pg 27 • helps the body & mind assist Lord's service

- Summit cleanliness that will satisfy Krishna

pg 28 cleanse his own house

Immediately after waking up chant शुक्ल याम

then some prayers (शिशिराष्टकम्) → प्रातः

- शुक्ल याम - focus on the goal of summing up our life to the order of Krishna

krishna

focusing on goal drives away

any lingering negative thoughts

- Shikha 1.5 inches (5-6 cm) diameter

- Shikha untied - washing, oiling, sleep, funeral rites, period of mourning

Simple

- Tie before bath → careful tie after bath

- Shikha - not to braid

- Bathing + recitation of prayers

- cold water bath washes subtle contamination also.



7 types of bath

① पार्थिव (earth)

② वक्रण (water)

③ आग्नेय (using ashes from यज्ञ)

④ वायव्य (air filled with गोरक्ष)

⑤ विज (ether bath in rain while sun is shining)

⑥ मन्त्र (chant मंत्र & sprinkle water)

⑦ मानसिक (meditation on विष्णु)

शुद्ध अपवित्र: पवित्रा वा - गरुड पुराण

• यमुना गंगा → तीर्थ → pond → lake → waterfall → well

• no naked bath, wear kaupin & gamacha while bathing

• Utani - right hand uncovered

- hanging from both sides

- wrapped around waist

• Women - head covered with sari

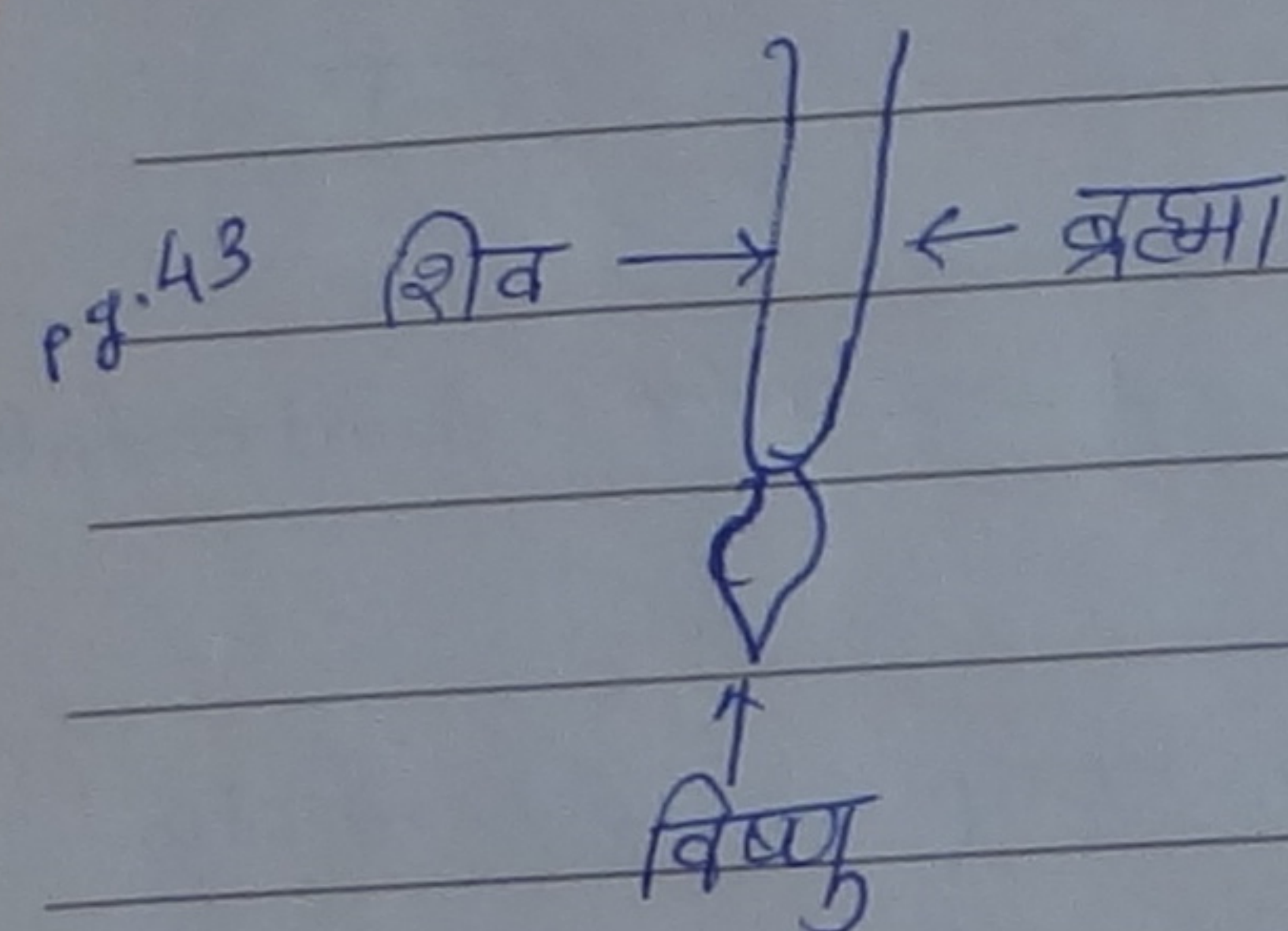
• Not to wear while worshipping deities - torn, burnt clothes.

• raw cotton silk

• गृहस्थ & व्रतस्थ with wife wear either yellow or white cloth



- तिलक represents surrender to विष्णु
- तिलक - Lotus feet of विष्णु
- तिलक mandatory for - यज्ञ, दान, तप, अध्ययन, स्मरण or any spiritual activity.
- Purification act - looking at the Sun.
- Tilak should not be crooked, uncentered or bad smelling
- तुलसी 4x $3/4$ of nose



- ash - ignorance, लाल चन्दन - passion, earth - mode of goodness.
- तिलक - गोपी चन्दन, earth from base of तुलसी, bank of river, pond, foot of a big tree, seashore, ant hill, तीर्थस्थान
- राधाकुण्ड, चन्दन offered to deities
- यशुगुण if none available plain water



- rope of जगन्नाथ, silk पवित्र
- आयमन - purification when it is inconvenient to bathe
- Perform आयमन before applying तिलक, reading
- आयमन while sitting or one knee bend, other feet on ground
- Before गायत्री आयमन, प्रोक्षण & भूत वृद्धि
- गायत्री ideally in front of deities
- Morning & noon → East } Face
evening → North }

If deities or photo of spiritual master is present it takes precedence over direction.

- hands covered with upper cloth and chant Hix silently
- 34th wrapped $2\frac{1}{2}$ times around thumb.
- while evacuating - keep thread wrapped around right ear
- 34वीं - keep right hand/shoulder empty
- Do not use for carrying keys
- गोलि drives away the ~~bad~~ malefic vibrations and attracts auspiciousness



Gathering items for worship (उपादान)

pg. 52

- ~~वेदोक्तं यत्पूजायामुपयोग्यं तत्सर्वं यथावत्~~
- Sound of bell is very dear to Lord
- bell should always with plate
- Bell with symbol of ~~शंख~~ or चक्र
- worship bell: Before पूजा of the Lord
- Cu containers are best. (avoid yogurt & lemon)
- मधुपर्क in silver container
- पद्म: water for washing the Lord's lotus feet
water + lotus petal + तुलसी पत्र + दूर्वा + श्यामला
+ rose water or rose petal.
- अर्घ्यः
water + flowers + yogurt + milk + white
rice + कुश + barley + sesame + white
mustard seeds or
water + sandalwood paste
- आयमनः
water + ground nut oil + clove



मधुपर्कः

milk + yogurt + ghee + honey + sugar

↓
puffed rice or Gudi

1 : 1 : 1 : 4 : 1

• अंगवस्त्र - pure cotton

• तुलसी leaves not available → dry तुलसी leaves

→ तुलसी wood → chant तुलसी देवी's

पूजा मंत्र

• If flowers are not available then leaves of

तुलसी, आमलकी, शमी, तमाल, जम्बू, आम,

newly grown grass shoots → if nothing
available pure water.

• Plastic ornaments ok but ~~no~~ no plastic
flowers for worship

निवेद्य

• Doubly boiled or parboiled rice or सिद्ध rice
mustn't be used. It is impure.

• Soyabean & मसूर दाल (red lentils) are
unofferable

• rice + ghee always otherwise असुरी



• Food → fruit → edible herb → pure water
→ mental offering

• Quantity of नेत्र - 16 year old young boy

• Kitchen is extension of deity room

• Talking in kitchen @ preparing bhog or @ Lord

• raw food fallen on ground → wash & use

eg. 69 for offering.

Prepared and not washable do not offer but can be eaten after offering.

• Hair should be covered.

• wash hands after sneezing & coughing

• If it touches feet discard whether it is washable or not

• After offering remove all भस्म items from kitchen.

• Traditional भजन & कीर्तन recordings are appropriate

• Do not use cast iron vessel for boiling

Ch. 2 इड्या 64 items for Worship.

• On the day of installing deities 64 items must

① वेद घोषणा वीणादी वाद्यों की स्तवैर्प्रबोधनम्

waking the Lord by chanting वेदस्तुति & prayer with musical instrument

~ ringing bell while entering temple

offer oneself submissively to the Lord

② जय वाद - जय श्री गौर नितानि

③ नमस्कार - do not offer when Lord is resting

or bathing and also no प्रदक्षिणा

प्रणाम from a respectful distance, outside deity room

in deity room प्रणाम मुद्रा, अङ्ग & mind

अष्टाङ्गः feet, knees, chest, hands, head, sight, mind, अङ्ग

① ② ③ ④ ⑤ ⑥ ⑦ ⑧

meditate that your head is under Lord's lotus feet

पञ्चाङ्गः : knees, arms, head, कुक्षि, वाद

Before entering deity room to begin service

make some sound knocking, clapping the hands or ringing a bell.



④ आरात्रिक

आवर्ती गीराजन, इष्टी

waving auspicious items before a person in order to

dispel inauspicious influence as means of protection

offer milk sweets before मंगल आरती

पूर्वाङ्ग कर्म:

• बेमाल अर्घ्य - pure water की शोक्षण

विशेष अर्घ्य - की अर्घ्य उपचार placed in
conch shell (शंख स्थापन)

• आसन स्थापन - पद्मासन or स्वस्तिकासन

आसन is must otherwise वैतपरिधा

• पात्र स्थापन -

• गुक पंक्ति नमस्कार -

• कर शुद्धि, पुष्प शुद्धि, हस्त शुद्धि

↓
washer

चन्दन

शोक्षण मुद्रा, मन्त्र

शोक्षण, कृदा, मन्त्र

• कृत शुद्धि

नादेको देवमचयेत without being on the

level of a देव one can not worship the Lord

नाहम् विप्रो

दासदासदासानुदास

योग = पूर्वाङ्ग कर्म + पूर्वपूजा



पूर्व पूजा

✓ पूर्व पूजा must before each session of worship
picture, मूर्ति, यन्त्र, घट, shoes
preferred.

Picture should include his complete form.

बोडबोपचार if not possible मानव पूजा

✓ गोराम्ने पूजा:

if only शैवा कृष्ण one main deities

if गौर नितार्क are main deities then no need

pg-85 गौर नितार्क + वाधा कृष्ण

worship in picture form

→ if only one पुजारी

• if only शालग्राम शिला worship in picture form

✓ ध्यान: (passive)

नाम कप गुण लीला घाम पाचिदि

मंत्र

✓ मानव पूजा (active) perform opulent worship

without मानव पूजा may be the cause of

offence for neophyte.

5) आसन व स्वागत
(सु+आगत)

offer seat & welcome

6) दंत चावन - may be offered before मंगल आरती

7) पद्म (washing the Lord's feet)

• पद्म, अर्घ्य, आचमन व मधुपर्क के welcoming
aking

8) अर्घ्य: offered above head or offer into
his hands so he can sprinkle it over his own
head.

9) आचमन - water for sipping

10) मधुपर्क व पुनर्आचमन:

11) पादुकार्पण: so that Lord may come to bathing
place

12) अङ्ग मर्जन (cleaning Lord's body)

13) अभ्यंग (Rubbing Lord's body with fragrant oils)

14) उदवर्तन (removing oil from body)

15) पुष्प जल स्नान

16) क्षीर स्नान

17) दधि स्नान -

18) घृत स्नान - little warm ghee

19) मधु स्नान - honey diluted with water

20) सिता स्नान - सिता dissolved in water

after bathing powdered barley or wheat flour
then washing with warm water.

Use brush made of cow's tail or coconut husks.

21) मंत्र पुत जल - bathing Lord with consecrated
मंत्र

play musical instrument, ring bells, blow conch
shells
Chant श्रीमद् विद्म, पुष्प व सूक्त, SB, BG verses

22) अङ्ग वस्त्र wipe the Lord's body with soft, dry
cloth

23) वस्त्र - Krishna: peacock feather must

Tulasi कंठी beads not less than 2,

BST five strands.

24) उपवीत - 9 strands white or yellow cotton or
silk

Radhawan wears only red सिद्धर dot
not the उर्ध्व पुष्प mark.

25) पुनर्आचमन - after dressing as a act of
purification.

26) अनुलेपन - Apply गले to Lord's feet with
a Tulasi leaf

SM भोग with Tulasi leaf with the

understanding that they will offer to

Krishna before taking themselves.

27) अलंकार



28) विचित्र दिव्य पुष्प -

garland touching knees or feet

वनमाली - forest garland

29) धूप

cure from snake bite → medicinal herb

material contamination → fragrance of धूप

✓ do not light incense when offering भोग

✓ aroma of food is imp than incense

30) दीप - main offering of the आरती

31) दृष्टी अपस्मरण -

dish with 8 सरसों बीज + salt + नीम फले

fire extinguisher or fire blanket

32) नेवेद्य - if in doubt do not offer

do not offer burned or over salted prep

गुरु offers to शिवा कृष्ण

not to think of enjoying the food yourself

chant गायत्री while the Lord eats

33) मुखवास -

anise + fennel + cardamom + clove + ginger candy

+ rock candy + dried rose petal

34) ताम्बूल



35) दिव्य शय्या - पर्यकासन couch

36) केश प्रसाधन

37) दिव्य वस्त्र

38) मुकुट महत - metal crown

39) दिव्य गन्धानुलेप

40) कौस्तुभादि विभूषण - lockets

41) विचित्र दिव्य पुष्प

42) मंगल आरात्रिक - before bathing

43) दर्प or आदर्श (mirror)

44) शुद्धयानेन मण्डपा गमनोत्सव

45) सिंहासनोपवेश (bringing Lord back to his throne)

46) पद्याद्यै पुनराचन

47) पुनर्धूपाद्यर्पण उत्तम नेवेद्य

altar - on festival days an appropriate picture

commemorating the occasion may be

placed on the altar.

water cup with metal or cloth cover

fire in worship should not come directly from

matches or hand held lighters.

48) दिव्य ताम्बूल महाकौस्तुभ

49) चामर, व्यजन व छत्र सेवा



50 गीत

51 वाद - learn basic skills in मृदङ्ग व करताल

52 नर्तन

53 प्रदक्षिणा - deities do night

54 अष्टांग प्रणाम

55 स्तुति - SB, BG ch. 11, पद्य पञ्चक, विज्ञप्ति पञ्चक

56 मूर्ध्नि श्री चरनाब्जयोः स्थापन

(Touching the Lord's lotus feet)

वाठारि - bell shaped Lord's feet

57 तीर्थनिमन्त्रिधारण -

• do not wear फूलसी garland

• touch on head, wear & smell

• To avoid spillage hold left hand under your right hand

• no need to wash hand after honoring

चरणाम् but rinse hand before touching

शास्त्र

58 अष्टौ मीन

59 पादसोवोददेशोपवेशनम् (seating @ the feet of the Lord in readiness for service)

60 Prepare Lord's bed



61 हस्तप्रदान

62 शयन स्थानागम महोत्सव

63 पाद कालन व शरयोपवेश निराग्नोत्सव

wash Lord's lotus feet & offer

~~condensed~~ condensed milk, fan, betel nut

64 शेष पर्यंक व पाद संवाहन

(Laying the Lord down on his bed

& massaging his lotus feet)



Ch. 3 ईया

Simplified Procedure for Deity Worship

eg. 127 Spiritual master gives the disciple a Deity to worship together with पञ्चवैदिक मंत्र

• दुलसी पूजा: incense, lamp and flower while singing दुलसी पूजा कीर्तन

• दर्शन of deity during आरती

• SB 2.3.22 & SB 7.5.24

• who is unable to worship deity must at least see the Deity worship

• Grihasthas should be actual examples of cleanliness.

eg. 134 Home worship: flexible

king worship: everything must be regulated

• child less than 10 years → assist

Teach them how to bow down, how to dance

& chant, how to make garlands, clean

varatika utensils.

Ch. 4 Standard Procedure for



Deity Worship

eg. 169 appropriate ध्यान, मूल, प्रणाम मंत्र & स्तुति मंत्र

आभिगमन -

① Just after waking offer प्रणाम to गुरुदेव then chant

eg. ② प्रातः प्रबोधितो विष्णो हृषिकेशेन यत्नया

170 यद्य करयशीशान तत्करोमि तवाज्ञया

I am ready to do whatever You wish today

③ समुद्र वसने देवि

chant To counteract bad dreams

जयति लब्धिवि जलनिवासो

eg

173 Sit in पद्मासन or स्वास्तिक आसन

Face east or North

जागरण सेवा

① गुरु प्रणाम ② ring bell

जय श्री श्री राधा माधव की जय

Step in with right foot first.



अतिशोभिष्ठ श्री गुरो ज्येष्ठ निदां कृपाय

पृ. 179 कृष्ण

इवैव श्री हरे कृष्ण देवकी नन्दन प्रभा
निदां मुञ्च जगन्नाथ प्रभात समयो भवेत्

शार्दा कृष्ण

गोगोप गोकुलानन्द यशोदा नन्दवर्धन
अतिष्ठ राधया सार्धं पातरासीजगत्ते

छि

• ध्यान → मानस पूजा → बाह्य पूजा

पृ. 221 पाद्य पञ्चक

★ चित्तासि पञ्चक

मत्स्यमो नास्ति पापत्मा नापराधी च कश्चन
परिशोऽपि लज्जता मे किंश्रुवे पुरुषोत्तम

• अपराध वाधन

• शयन सेवा

आगच्छ शयनस्थानं प्रियाभिः सह केशव
दिव्यपुष्पाद्य शय्यायां मुखं विहारं माधव

Ch. 5 Cultivation of Devotional Service

(स्वाध्याय, साधना, सवाचर)

1. नामसेवा

• Rules for chanting Jap that are given in the scriptures apply specifically to the chanting of गायत्री मंत्र

- chant always
- soak in पञ्चगव्य then offer it
- chant prescribed rounds in the most favorable circumstances available
- Seat @ clean place, erect back
- chant in front of deity, तुलसी, side of गंगा or यमुना
- Time: Best is ब्रह्म मुहूर्त
- Pronounce distinctly

2. तुलसी सेवा

- Stand should be high enough so the base of the तुलसी is above the ~~base~~ waist of the devotee offering आरती

पृ.

245

- Remove flowers to protect from insects or fungi



3. शास्त्र सेवा

- शास्त्र was worshipped as deity
- BG & SB
- Take care of the books also
- उपचार, प्रवक्षिणी, Pray to गुरुदेव & व्यासदेव
- keep शास्त्र above your waist
- keep cloth underneath ^{the} scripture
- SP • How much you should read to be decided by each individual devotee.
- शास्त्र श्रवण: attentively & with enthusiasm.
- live accord to शास्त्र

4. प्रसाद सेवा

- serve महा प्रसाद or चरणामृत directly in hand
- describe quality of महा प्रसाद as you serve.
- order of service.
- शुद्ध → शीत → दाल → पकोडा → सब्जी
→ रायता → chutney → sweets (wet → dry)
- do not keep plate in lap
- If someone enters the room where you are taking प्रसाद immediately invite him to sit down & eat as well.



- प्रसाद means favor
- left hand only for lifting water cup.
- do not tear

5. वैष्णव सेवा

- If no अलिंग then असलिंग
- अक्षर प्रणाम: when we see him and offer again when he sees us.

- Introduce new devotee to resident devotee

प्र. • Return the obeisances (by folded hands)
269 SP letter 4th April 1970

6. अतिथि सेवा

respect guest accord to his position, wealth, age, relationship, वर्ण, जाति, आश्रम
one shows respect by

- ① तत्पुन्यात - rising from one's seat
- ② अभिवादन -
- ③ प्रणाम
- ④ पूजा
- ⑤ दान



- give resting facility after meal
- Give token gifts

7. धाम सेवा

श्रावण, स्मरण, प्रदक्षिणा, cleaning

Supplement 1.

The Process of Deity Worship



pg. 3 atheist think: God is everywhere but not in Deities.

pg. 7 The more decorate Lord, the more ^{transcendent bliss} will be reflected in our heart

pg. 10 वैदिक विधि पञ्चरात्रिक विधि

• fewer & longer मंत्र

• Simple but comprehensive procedures.

• मंत्र from 4 वेद

मंत्र from लक्ष आगम

pg. 11 HBV authoritative compendium of पञ्चरात्रिक विधि

SB 1.12.13 पञ्चरात्रिक विधि for शूद्र class of men, supposedly the population of the कलि युग and it is the purificatory process suitable to this age & time.

• श्रद्धासी often worship the Lord on the ground by drawing a श्लोक in the earth, chanting various मंत्र and offering water & flowers.



- तपस् - offering water oblations
- worshipping Lord in कलश
- pg 12. application of तिलक second purification after a bath
- Deity worship standard should be put in writing -
- substitute missing item with water & flower petals
- मानस पूजा - do it opulently.
- First class ① scents ② flowers ③ Food ④ clothes ⑤ Ornaments
- ह्यास - placing sounds on various parts of the body purifies & spiritualizes the body
करन्यास & अङ्गन्यास
- दिग्बन्धन - closing the ten directions
- वह्निस्वरूप - encircling the worshipper with subtle fire.
- सर्वदेवोमशोक्त - the spiritual master is representative of all demigods.
- chant ब्रह्म मंहिता while bathing deities
- Lord loves first class flowers
- Don't hold anything while offering प्रणाम



- flowers from broken branch - Do not offer
- Special worship on एकादशी
- pg 37 Form of the Lord in fire: परमात्मा feature.
- भावत विधि - श्रवण कीर्तन
- +
- पञ्चरात्रिक विधि - अर्चन
- ① Purification - त्रिकोण, मुद्रा - गालिनी, धेनु.
- ② Spiritualization - बीज मन्त्र
- ③ Invocation - requesting Lord to be present in विशेष अर्घ्य or in the fire for यज्ञ
- ④ Worship - इष्टा
- pg 44 - Garden for the Lord
- Lands for the worship of the Lord
- offenses due to ~~lack of~~ (सेवापराध)
- ① Purity in the body & mind
- ② Lack of respect
- ③ Lack of endeavor
- ④ Lack of faith
- } Lack of respect
- Purification of the heart by assoⁿ of devotees & avoiding सेवापराध



Types of Mantra

- ① ध्यान ② वीज ③ मूल ④ स्मृति स्तोत्र
- ⑤ मणाम ⑥ गायत्री

• Before sleeping कथित वाचा

• read Krishna book

• Subtle body is present in shadow

• गुरुश 16 times after meal

• No दातुन के पलारा, पिप्पल, वट, मालती, किल्व
कश्वी, अर्क, खदिर



① मणाम

② आचमन अस्त्राय फट् → ॐ भगो च भयते → 12 आचमन
ॐ नमो विष्णवे

③ आत्म शक्ति → र-यान → द्रव्य
नाहं विद्मि

④ पुष्पाञ्जली

⑤ ॐ गुरु पूजा - नम ॐ → ॐ अन्तः → मुकुं

⑥ SP पूजा - नम ॐ → ॐ अन्तः → मुकुं

⑦ गौरा पूजा (नमो गुरुवे नमः, वैष्णवी मंत्र), मानस पूजा

⑧ गौरा पूजा ध्यान → मानस पूजा → मुकुं

⑨ शिवा कृष्ण पूजा - जयतां विद्मः श्रीमात → मानस पूजा → मुकुं

⑩ 3 times clap → गौरा पूजा → 3 times clap

⑪ अपराध शोधन मंत्र